

**ATTORNEY JIM SPIROS DEBUTS NEW COLUMN FOR  
*MIDWESTERN FAMILY* MAGAZINE**

A new column written by Central Illinois attorney Jim Spiros, a founding partner of Spiros & Wall, P.C., will debut in the January/February 2010 issue of *Midwestern Family*. The magazine is scheduled to hit the stands, Tuesday, January 19, and is available in Barnes and Noble bookstores in Bloomington, Peoria, Champaign and Springfield.

Spiros' column, "Rights and Responsibilities," offers practical, reader-friendly advice on legal issues that are most likely to impact families, particularly in the areas of personal injury.

"Thankfully, most of us go about our daily lives without incident," says Spiros. "We arrive at our destinations safely in our cars. We perform our jobs. We undergo routine medical procedures that improve our health. But injury can change life for us and for our loved ones in a matter of seconds. Some of these unfortunate incidents are preventable and some just aren't. In all cases, an understanding of our legal rights and our responsibilities is important. Helping readers navigate these issues is the aim of the column."

*Midwestern Family* publisher Jenny Rudd agrees.

"Our readers are especially interested in getting practical information that helps them make good decisions for their families," says Rudd. "Jim's column will provide a good starting place on issues that have the potential to be life-changing for everyone in the family. He'll cover the legal implications for a number of hot topics such as nursing home selection and safety, the dangers of distracted driving, medical negligence and other areas that involve family safety and security. His background makes him an excellent candidate for penning this kind of column. We're happy to have him aboard."

**(more)**

**Spiros column/Page 2**

Spiros' skill in the courtroom has earned him recognition by his peers throughout Illinois. He has been appointed to the Illinois Lawyers Medical Negligence Committee since 1997. He was elected to serve on the Board of Managers of the Illinois Trial Lawyers Association. He is a member of the Illinois State Bar Association and the American Association for Justice. He is also a member of the Bar Associations for Vermilion and Kankakee Counties.

Spiros & Wall, P.C. offers experienced representation to a variety of personal injury cases, including medical negligence, workplace injuries, serious traffic and trucking accidents, nursing home neglect and abuse, and wrongful death.

The firm has offices located in Champaign, Kankakee and Danville, Illinois. For more information, visit [www.spiroswall.com](http://www.spiroswall.com) or call 217-443-4343.

*Midwestern Family* is a comprehensive guide to family living in Central Illinois. The magazine features articles that highlight important issues, people and activities in these communities. Founded in 2003, *Midwestern Family* is published bimonthly and available at various locations throughout Central Illinois, including Barnes & Noble, as well as by subscription. For more information, visit [www.midwesternfamily.com](http://www.midwesternfamily.com).